

### Inclusive of Thermarium Use (Sauna, Steam and Whirlpool Bath)

#### MASSAGES AT THE PRIVATE ROOM

The Oriental Art of Connection

From the moment you enter into these sacred spaces, time slows down as you go thru a journey of depth and beauty. Once your feet are washed, the serenity bell has chimed and you are given the Welcome Touch, your subconscious will take you to your well-needed break.

## KAI SIGNATURE MASSAGE (90 minutes)

Php 4,200.00

Feel the combing of tensed muscles with deep and firm strokes and find perfect relief from the warm therapeutic effect of thermal pads which brings deep relaxation and detoxification.

#### HEALING STONES THERAPY (90 minutes)

Php 4,500.00

A massage that uses a combination of hot and cold stones. Hot stones are expertly positioned on the body, leaving one feeling cradled, nurtured and relaxed. Its deep, graceful glides soothes aching muscles. Cold marble stones are also used to promote meditation, improve circulation, relieve congestion and alleviate stress.

#### HENANN WAVE MASSAGE (75 minutes)

Php 3,800.00

Let this Hawaiian inspired rhythmic dance-like movement awaken your spirit and give you a sense of place as the forearm techniques move like waves, taking you to a new level of relaxation.

### FILIPINO TOUCH THERAPY (60 minutes)

Php 3,400.00

An age-old Filipino art of massage that relaxes stressed and strained body with energizing strokes. The use of extra virgin coconut oil reputed for its healing properties and strategically placed banana leaves intensify the all-natural therapeutic approach.

#### BALANCE MASSAGE (60 minutes)

Php 2,800.00

A traditional Swedish massage designed and delivered mostly with long and relaxing medium strokes fused with the calming gentle Asian techniques to stimulate blood circulation and soothe tensed muscles.

#### By Request:

### COMFORT SIDE-LYING (60 minutes)

Comfortably performed side-lying in a reclined posture with soothing therapeutic techniques to reduce back, neck and shoulder pain. The rhythmic soft-fist pressure makes it a more pampering and relaxing experience.

### ORIENTAL SHIATSU (60 minutes)

Php 3,000.00

A Japanese dry massage applying finger pressure on specific points along the energy pathways or meridians that helps improve energy flow. This is an exceptional way to bring relief from headaches, tension and insomnia.



#### MASSAGES AT THE COURTYARD

The Basics of Touch Therapy

Experience the touch of Kai together with other spa enthusiast in a room transformed into a Chinese courtyard that can accommodate 3 persons.

BALANCE (60 minutes)	Php 1,800.00
ORIENTAL SHIATSU (60 minutes)	Php 2,000.00
FILIPINO TOUCH THERAPY (60 minutes)	Php 2,400.00

#### Kai Sun & Sand Face and Body Treatment

Unparalleled skin care delivered by expertly trained hands and hi-tech aesthetician grade machines.

## SUN & SAND FACE TREATMENT

Skin specific and precisely conducted cleansing, toning and nourishing routine.

#### Pure Glow (60 minutes)

Brightening Facial Resurfacing facial for sensitive or normal skin.	Php 3,200.00
Purifying Facial Rebalancing facial that reduces breakouts, soothes inflamed skin and clears oily congested pores that are prone to whiteheads and blackheads.	Php 3,400.00
Age Repair Facial Addresses special skin needs, from smoothing wrinkles to minimizing fine lines and lightens dull, tired skin.	Php 3,400.00

## Sun & Sand Body Treatment with Hydro Bath

Body Scrub with Vitamin E (60 minutes)	Php 2,900.00
Floral Essence - Lavander/Rose	
Fruit Sensation - Sweet Orange	
Caffeine - Coffee	
Herbal Cream Polish	
Scrub and Wrap (90 minutes)	Php 4,500.00

# Skin Protect

A Sun-worshipper's treat. A healing aloe vera wrap to soothe sunburnt skin and restore moisture.

#### Skin Detoxify

Toning mud wrap regarded for its healthful benefits to maximize elimination of toxins and shape up the body.

#### Skin Nourish

Moisturizing Milk & Honey wrap that softens and plumps out wrinkles, leaving behind a nourished and hydrated skin.



## Kai Sun & Sand Hand & Foot Treatment at the Dynasty Hall

True to the traditions of nobility, Kai brings a space well deserved for the weary extremities. (Special rate, not applicable to other discount or promo)

## KAI FOOT REFLEXOLOGY (60 minutes)

Php 1,600.00

An energizing treat for beach-combing weary legs by following traditional meridian  $\overline{\mathrm{QI}}$  clearing routine.

## BAREFOOT BLISS (60 minutes)

Php 1,600.00

Foot scrub in a serene environment for the most enjoyable experience. With thermal treatment using paraffin wax to seal in moisture and improve circulation. It includes a shoulder, feet and leg massage.

## HAND SILK-TOUCH (60 minutes)

Php 1,300.00

Spotlight your hands as they are cleansed, buffed and tension-released while healing your hands using paraffin wax for that softest touch ever. It comes with a head, shoulder and arm massage.

## KAI TO GO (30 minutes)

Php 800.00

Your choice, your time. Ease out and find relief while preparing to end your holiday. Have this 30-minute sitting massage for the head, shoulder and arms and feel rejuvenated for your next travel and journey.

#### ROMANTIC RITUALS

(Treatment Packages for Two)

## ROMANTIC PARADISE (2 hours and 30 minutes)

Php 15,500.00

Coffee Scrub
Candlelit Moisturizing Milk Bath
Healing Stones Therapy
Dinner at Christina's

#### KAI INDULGENCE (3 hours)

Php 15,370.00

Kai Signature Massage Candlelit Cooling Rose Bath Pure Glow Brightening Facial

### ROYAL TREATMENT (2 hours 15minutes)

Php 12,900.00

Herbal Cream Polish Candlelit Relaxing Lavander Bath Henann Wave Massage

#### LOVE TWO SPA (1 hour 30 minutes)

Php 7,000.00

Oriental Shiatsu Candlelit Cooling Rose Bath

#### TENDER ROMANCE (1 hour 30 minutes)

Php 6,400.00

Balance

Candlelit Relaxing Lavander Bath



## SOOTHING RITUALS

(Special package, not applicable to other discount or promo)

	Single	Twin
BLISS (3 hours 30 minutes) Choice of Body Scrub Kai Signature Massage Pure Glow Brightening Facial	Php 8,240	Php 15,450
RENEW (2 hours 30 minutes)  Choice of Body Wrap w/ Scrub  Pure Glow Brightening Facial	Php 6,160	Php 11,550
HARMONY (2 hours)  Balance Pure Glow Brightening Facial	Php 4,800	Php 9,000
NATURE (2 hours)  Balance Kai Foot Reflexology	Php 3,520	Php 6,600
REFRESHING HYDRO BATH (30 minutes for Lavander Bath Rose Bath	one or two persons)	Php 1,500
	In-house Guest	Walk-in
THERMARIUM (1 hour) Sauna Steam Whirlpool Bath	Php 500	Php 750
HAIR & SCALP TREATMENT (30 minutes)	Php 800	Php 800

<sup>\*</sup>Request for extra 30 minutes treatment requires additional 40% of the prevailing treatment rate.